

PERK UP YOUR SKIN WITH A PEEL!

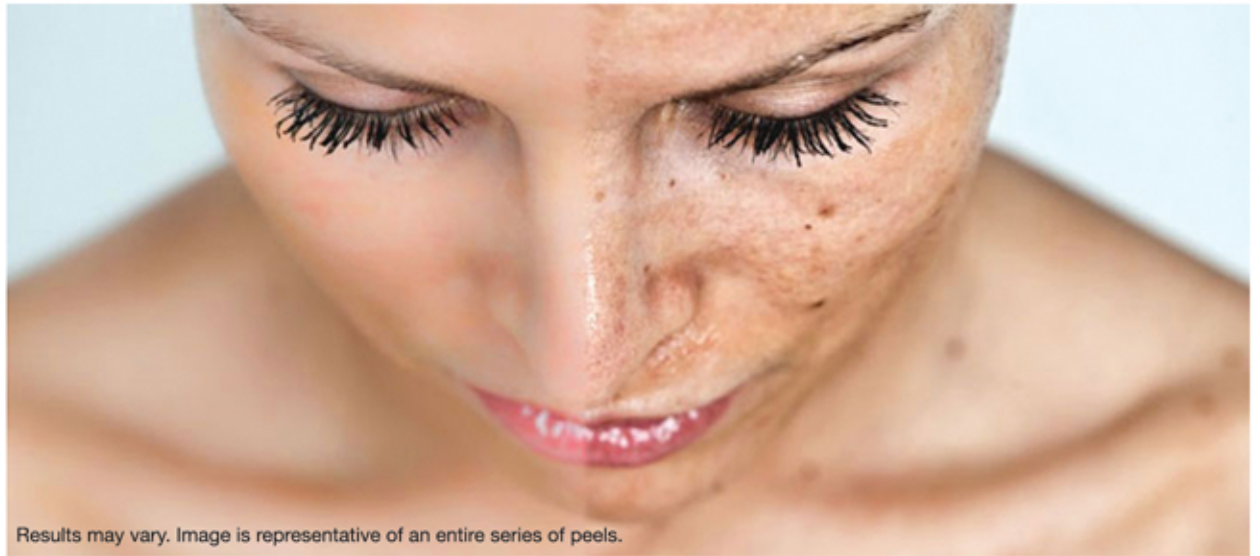
By Dermatology Associates

Hello fall! Does your skin look tired, dull, or just not as vibrant as it should? The summer months can cause damage to your skin due to time spent in the sun, heat, chlorinated pools, and salt water. Fall is the perfect time for a peel series. Don't let the term "chemical peel" scare you away. Most chemical peels are made up of acids, which are naturally derived. For example, glycolic acid is derived from sugar cane, lactic acid from sour milk and salicylic acid from the bark of a willow tree. The history of chemical peeling started with the Egyptians who bathed in sour milk to smooth their skin, thus exploiting the properties of AHAs (alpha hydroxyl acids)

A chemical peel refers to the general category for a number of chemical treatments used to exfoliate and rejuvenate the skin. A chemical peel is one of the least invasive ways to improve the appearance of your skin. Although chemical peels are used mostly on the face, we also offer peels to improve the skin on your neck, back, hands and around the eyes and lip area.

What can be expected with the procedure?

The peel systems we offer are characterized by a patented technology that delivers optimal results reducing the usual discomfort and social downtime associated with traditional peels. During the treatment, it is possible to experience a mild tingling, itching or heating sensation. This is completely normal and temporary. After neutralization, these symptoms should subside. The peel procedure may cause some degree of peeling or flaking with varying amounts of redness post-procedure. The amount and duration of flaking, peeling and redness are dependent upon the acid strength and type. If you do not experience any flaking or peeling, it does not mean that you will not achieve the optimal results provided by the treatment. All peel procedures will cause sensitivity to heat and sun for several days. Your results will last as long as your skin is maintained with a proper skin care routine. We can help customize a product regimen for you to use at home to maximize the outcome of your peel.



Results may vary. Image is representative of an entire series of peels.

Benefits from chemical peels:

- 1. Reducing uneven skin tone** - Blotchiness or uneven pigmentation can cause your complexion to look dull. Revealing a fresh layer of skin means you'll have a smooth and more youthful appearance with improved skin texture. Removing dead skin cells regularly will freshen up the skin.
- 2. Reducing the appearance of sun damage** - The sun is the number one cause of lines and wrinkles, and also contributes to hyperpigmentation and brown spots. Chemical peels may also help to stimulate natural collagen production, which can help soften the appearance of fine lines.
- 3. Acne treatment** - Acne affects a large number of teenagers; however, adults can suffer from acne breakouts as well. There are peels that are more appropriate for sensitive and acne-prone skin and can help inflammation. Peels may also help to soften the appearance of acne scars after a series of treatments.
- 4. Low downtime** - Most peels require up to four treatments before you may start to see the effects. The peel treatment is a fast and simple procedure. Depending on the type of peel, you may be able to apply mineral makeup and return to work immediately after the treatment.

Dermatology Associates Cosmetic Centers offer a variety of in-office chemical peel treatments for an effective skin rejuvenation option. We proudly use Glytone®, Skinceuticals®, Skinmedica® and Obagi® peel products, which use unique acid solutions based on specific skin concerns. If you are looking for a personalized way to give your skin a boost this fall without a lot of downtime, now is the perfect time for you to get started on achieving a radiant glow for your skin! Our goal is to provide you with effective, customized treatments for natural and safe results. Call us to schedule a complimentary consultation so we can determine which peel is suitable for your skin type and skin concerns.

Sources - "Chemical peels." Chemical peels | American Academy of Dermatology, www.aad.org/public/diseases/cosmetic-treatments/chemical-peels. Accessed 7 Sept. 2017.

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